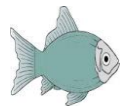




Brook Farm Children's Nursery Summer Menu – Week 1

	Breakfast	Mid Morning Snack	Lunch	Mid Afternoon Snack	Tea
Monday	Breakfast cereals toast Porridge and mixed fruit	Small glass of milk Selection of fruit and breadsticks 2, 7	Tuna Pasta Bake Chocolate Cake and Custard 2, 5	Small glass of milk Cheese Thins and Celery 7	Chicken Casserole Vanilla Shortcake 2, 4, 7
Tuesday	Breakfast cereals toast Porridge and mixed fruit	Small glass of milk Crumpets 2, 7	Roast Dinner with all the trimmings Cornflake Tart 4, 7	Small glass of milk Crackers and Cucumber 2, 4, 7	Cheese Pie and Baked Beans Jam Slice 2, 7
Wednesday	Breakfast cereals toast Porridge and mixed fruit	Small glass of milk Strawberries and Bananas 7	Picnic Lunch, sandwiches, sausage rolls, crisps Yoghurts 2, 5, 7	Small glass of milk Ritz Crackers and Cheese 7	Ham and Potato Gratin Oreo Balls 7
Thursday	Breakfast cereals toast Porridge and mixed fruit	Small glass of milk Melon, orange, apple and pear 7	Lasagne with Garlic Bread Fruit Ice-Cream 2, 7	Small glass of milk Breadsticks, Celery and Cucumber 7	BBQ Chicken Pie and Sweetcorn Chocolate Brownie 7
Friday	Breakfast cereals toast Porridge and mixed fruit	Small glass of milk-shake Digestives 7	Fish Pie Gingerbread People 4, 7	Small glass of milk Apple and Pear 2, 4	Sunshine Soup and Warm Baguette Milk Lollies 7

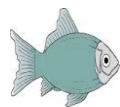


1. Celery	2. Cereals cont. gluten	3. Shellfish	4. Egg	5. Fish	6. Lupin	7. Milk	8. Mollusc	9. Mustard	10. Nuts	11. Peanuts	12. Sesame Seeds	13. Soya Beans	14. Sulphur Dioxide
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Brook Farm Children's Nursery Summer Menu – Week 2

	Breakfast	Mid Morning Snack	Lunch	Mid Afternoon Snack	Tea
Monday	Breakfast cereals toast Porridge and mixed fruit	Small glass of milk Apple and Pear	Fish Finger Bake Baked Doughnuts	Small glass of milk Breadsticks and Cucumber	Minced Beef Cobbler Shortbread Biscuits
	7	2, 5, 7	2, 7 7	2, 7 2, 7	2, 7
Tuesday	Breakfast cereals toast Porridge and mixed fruit	Small glass of milk Melon and Pineapple	Chilli and Rice Sticky Toffee Pudding	Small glass of milk Banana Bread	Cauliflower and Broccoli Mac Cheese Milk Lollies
	7	2, 4, 7	7 7	2, 4, 7 2, 7	7
Wednesday	Breakfast cereals toast Porridge and mixed fruit	Small glass of milk Strawberries and Banana	Sausage Meatballs, Mash and Vegetables Fruit salad and ice cream	Small glass of milk Breadsticks, Celery, Cucumber and Cheese	Chicken Curry and Rice Summer Berry Meringue
	7	7 7	2, 7	4	
Thursday	Breakfast cereals toast Porridge and mixed fruit	Small glass of milk-shake Apple	Roast Chicken Dinner with all the trimmings Chocolate Chip Cookies	Small glass of milk Crackers with Cheese Spread	Homemade Sausage Roll, Fries, Peas and Sweetcorn Jelly and Ice-Cream
	7	4, 7	2, 4, 7 7	2, 7 2	7
Friday	Breakfast cereals toast Porridge and mixed fruit	Small glass of milk Crossiants	Picnic Lunch, sandwiches, sausage rolls, crisps Lemon Cheese Cake	Small glass of milk Apple, pear and orange	Pizza Pasta Yoghurts
	7	2, 5, 7	2, 7 7	2, 4, 7 2, 7	7

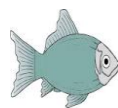


1. Celery	2. Cereals cont. gluten	3. Shellfish	4. Egg	5. Fish	6. Lupin	7. Milk	8. Mollusc	9. Mustard	10. Nuts	11. Peanuts	12. Sesame Seeds	13. Soya Beans	14. Sulphur Dioxide
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Brook Farm Children's Nursery Summer Menu – Week 3

	Breakfast	Mid Morning Snack	Lunch	Mid Afternoon Snack	Tea
Monday	Breakfast cereals toast Porridge and mixed fruit	Small glass of milk Apple and Pear	Sweet and Sour Chicken Noodles Rice Pudding	Small glass of milk Crumpets	Sausage Meat and Bean Casserole Lemon Custard
	7	2	2,7 7	2	2,7
Tuesday	Breakfast cereals toast Porridge and mixed fruit	Small glass of milk Strawberries and Melon	Chicken Goujon Wraps Fruit Crumble and Custard	Small glass of milk Crackers, Celery and Cucumber	Cottage Pie Rice Crispies and Marshmallow Cake
	7	2 2	2,7 1, 2, 7		7
Wednesday	Breakfast cereals toast Porridge and mixed fruit	Small glass of milk Banana and Apple	Corned Beef Hash Peach Melba	Small glass of milk Breadsticks and Cheese	Spagetti Bolognaise Fruit Smoothie Lollies
	7		7 7	2,7 2	7
Thursday	Breakfast cereals toast Porridge and mixed fruit	Small glass of milk Orange and Pear	Roast Dinner with all the trimmings Strawberry Mousse	Small glass of milk Banana Bread	Chicken and Chorizo Bake Rocky Road
	7	2,7 4, 7	7 7		2,4, 7
Friday	Breakfast cereals toast Porridge and mixed fruit	Small glass of milkshake Digestive Biscuits	Fish Fingers, Mash and Baked Beans Raspberry Cheesecake	Small glass of milk Apple and Pear	Lemon and Garlic Chicken, Rice and Pitta Bread Jam Thumb Buns
	7	2,7 2,5	2,7 7	2,7 2	2, 4, 7



1. Celery	2. Cereals cont. gluten	3. Shellfish	4. Egg	5. Fish	6. Lupin	7. Milk	8. Mollusc	9. Mustard	10. Nuts	11. Peanuts	12. Sesame Seeds	13. Soya Beans	14. Sulphur Dioxide
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